



Latvian Cystic fibrosis Society

VI International Conference

Cystic fibrosis in the Baltic countries and Europe

November 13, 2026.

Meeting room "Lielupe", Radisson Blu Hotel Daugava, Kugu Street 24, Riga, Latvia

Conference Agenda

PART 1. Moderator **Prof. Dr.habil.med. Dace Gardovska, Riga**

09:15 – 10:00	Registration
	Morning coffee
10:00 – 10:30	Opening of the conference
	Prof. Dace Gardovska , Dr.habil.med, Head of Department of Paediatrics, Riga Stradiņš University, Latvia
	Zane Straume , Member of the Children's Clinical University Hospital Board, Riga, Latvia
	Alla Belinska , Head of Latvian CF patients Society
10:30 – 11:00	<i>Greeting from Cystic fibrosis patients</i>
	Dr. med. Susanne Naehrig , Cystic Fibrosis Center for Adults, University Hospital, LMU, Germany
11:00 – 11:20	<i>The Importance of Multidisciplinary Cystic Fibrosis Centers in Adult CF Care</i>
	Pulmonologist Elina Aleksejeva , Children's Clinical University Hospital, Riga, Latvia
11:20 – 11:50	<i>Adult Cystic Fibrosis Care in Latvia</i>
	Pulmonologist Olena Vashchuk , Lviv Regional Hospital, Ukraine
	<i>Establishing an Adult CF Center</i>
	<i>Adult Cystic Fibrosis Care in Ukraine</i>

11:50 – 12:30	Chris Smith, RD, University Hospitals Sussex NHS Foundation Trust, United Kingdom; Co-Chair, Nutrition Group, European Cystic Fibrosis Society (ECFS) <i>Cystic Fibrosis - Care Guidelines for Nutrition Management</i> <i>Pancreatic insufficiency</i>
12:30 – 13:30	Lunch
PART 2 Moderator Elina Aleksejeva, Children's Clinical University Hospital, Riga	
13:30 – 14:20	Dr. med. Susanne Naehrig, Cystic Fibrosis Center for Adults, University Hospital, LMU, Germany <i>CFTR Modulator Therapy: Novel Therapeutic Approaches in Cystic Fibrosis</i> <i>Challenges in the Management of Severe Lung Infections in People with Cystic Fibrosis</i>
14:20 – 14:50	Pulmonologist Dr. Ginta Balode, Centre of Tuberculosis and Lung Diseases, Riga East University Hospital, Latvia <i>NMT Lung Disease: Diagnostic Approaches and Treatment Challenges</i>
14:50 – 15:20	MUDr. Eva Beréšová, Pneumologist and Phthisiologist, Head of the Adult Cystic Fibrosis Centre, F. D. Roosevelt University Hospital, Banská Bystrica, Slovakia <i>Transition from Paediatric to Adult Cystic Fibrosis Care in Slovakia: Challenges and Solutions</i>
15:20 – 15:50	Eva Kalmanová, CF Nurse, Head of the Adult Cystic Fibrosis Centre, F. D. Roosevelt University Hospital, Slovakia <i>The Role of the Cystic Fibrosis Specialist Nurse in Adult CF Care: Experience from a CF Centre</i>
15:50 – 16:20	Pulmonologist Anastassia Kamõnina, Tartu University Hospital, Estonia Riina Kubja, CF Nurse, Tartu University Hospital Lung Clinic, Estonia <i>Adult Cystic Fibrosis Care in Estonia: Organisation of Care and Practical Experience</i>
16:20 – 16:40	Coffee break
16:40 – 17:00	Chris Smith, RD, University Hospitals Sussex NHS Foundation Trust, United Kingdom <i>Dietary intake and nutritional status of micronutrients in adults with cystic fibrosis</i>

17:00 – 17:25	Mariia Barchyn, Physician and Gastroenterologist , Adult Cystic Fibrosis Centre, Lviv Regional Hospital, Ukraine <i>Management of Gastrointestinal Manifestations and Complications in Cystic Fibrosis</i> <i>Cystic Fibrosis-Related Diabetes Mellitus</i>
17:25 – 17:50	MUDr. Eva Beréšová , Pneumologist and Phthisiologist, Head of the Adult Cystic Fibrosis Centre, F. D. Roosevelt University Hospital, Banská Bystrica, Slovakia <i>Reproductive Health and Family Planning in Adults with Cystic Fibrosis</i>
17:50 – 18:00	Conference Conclusions & Closing Remarks <i>Distribution of Certificates to Conference Participants</i>

Participation: *Free of charge*

Conference format: *In-person*

Working languages: **Latvian and English**
Simultaneous interpretation will be provided

8 Continuing Professional Development (CPD) points are awarded for participation in the conference, with CPD accreditation provided by the Latvian Association of Paediatric Allergists and Pulmonologists.

Conference is supported by:



FUNDACJA POMOCY
RODZINOM I CHORYM
NA MUKOWISCYDOŻĘ

